race on Sunday, July 12, 2009 as part of Sailfest weekend.

This year, the race will welcome more than 200 runners on a 5K course throughout downtown New London and the surrounding area. The race will finish near the train station on Water Street, encouraging runners and their families to attend the many planned Sailfest activities downtown.

Registration begins at 7:30 a.m. in front of Union Station on Water Street. The race will begin at 9:15 a.m. in front of Citizen's Bank. Registration is $20. **Same-day registration only.**

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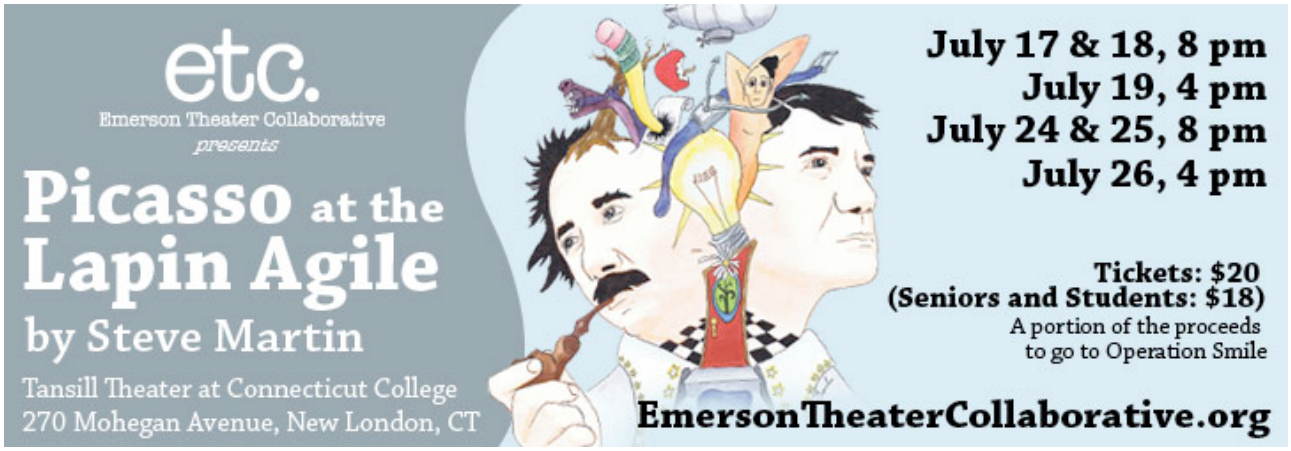
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